



Commission on Aging Meeting

Meeting Agenda
February 6, 2020
5:00 PM
Waconia City Hall
201 South Vine Street

<u>Membership</u>		<u>Term Ends</u>
Member:	Marilyn Talarico	2020
Member:	Amy Rottunda	2020
Member:	Barbara Halper	2021
Member:	Al Kaluza	2021
Member:	Tiffany Nelson	2022
Alternate:	Phylicia Binotto	2022

Council Liaison: Peter Leo
Staff Liaison: Jackie Schwerm

1. Call Meeting to Order
2. Commission on Aging Structure Change & Welcome New Member Phylicia Binotto
3. Appointment of Chair and Vice Chair
4. Scams and Frauds Presentation/Educational Series Update
5. 2020 Commission Priorities
6. Set April Meeting
7. Adjourn

COMMISSON ON AGING



Meeting Date: February 6, 2020

Item Name: Commission on Aging Structure Change/Welcome New Member

Originating Department: Administration

Presented by: Jackie Schwerm

RECOMMENDATIONS/ACTION/MOTION REQUESTED (Include motion in proper format.)

EXPLANATION OF AGENDA ITEM (Include a description of background, benefits, and recommendations.)

Fall/Winter Educational Series

Due to the turnover of two Commission on Aging members from 2019 to 2020, the City's personnel committee recommended a structural change to the Commission on Aging, which was approved at the City's Council's last meeting of 2019. This structural change eliminated one member from the Commission on Aging, so it would have a total of five regular members and one alternate member. This structure mirrors the layout of the City's Planning Commission and Park Board.

The alternate member will participate in all discussions, provide their feedback and input, etc., but only vote on issues at meetings where we are a member short. This should help us to guarantee a quorum at the majority of meetings, something we did not have for all of our 2019 meetings. A quorum is necessary if any action is to be taken at a meeting.

Following the approval of the structure change, the City Council, at the recommendation of the Personnel Committee, appointed Phylcia Binotto to the City's Commission on Aging. At the meeting, Phylcia will take a few minutes to introduce herself.

COMMISSON ON AGING



Meeting Date: February 6, 2020

Item Name: Appointment of Chair and Vice Chair for 2020

Originating Department: Administration

Presented by: Jackie Schwerm

RECOMMENDATIONS/ACTION/MOTION REQUESTED (Include motion in proper format.)

Motion to Appoint Commission on Aging Chair and Vice Chair for 2020.

EXPLANATION OF AGENDA ITEM (Include a description of background, benefits, and recommendations.)

With the turnover on the Commission on Aging between 2019 and 2020, the chair of the Commission is required to change. The chair is responsible for running the meetings (calling the meeting to order, calling for a vote/motions/etc.) and the vice chair is responsible for this in the chair's absence.

If anyone is interested in stepping into the Chair role for the meetings, please let us know. The appointment of the Chair and Vice Chair will be done through a formal motion and vote.

COMMISSON ON AGING



Meeting Date: February 6, 2020

Item Name: Scams and Frauds Presentation & Joint Commission Meeting

Originating Department: Administration

Presented by: Jackie Schwerm

RECOMMENDATIONS/ACTION/MOTION REQUESTED (Include motion in proper format.)

EXPLANATION OF AGENDA ITEM (Include a description of background, benefits, and recommendations.)

The next seminar in the Commission on Aging's educational series will be a Scams and Frauds presentation put on by the Carver County Sheriff's Office on Wednesday, February 26 at 11:00 a.m. in the City Council Chambers.

At their November meeting, the Commission recommended that the next presentation be during the day and in partnership with the Waconia Area Senior Center to try to attract more people to the presentation.

Following this presentation, the Commission will receive a full report on this presentation vs. the first presentation in November and what future presentations should look like and when they should occur to have the best turnout.

The Commission on Aging should also be aware that the Carver County Office on Aging is hosting a meeting between all the Carver County Aging Commissions called the "Aging with Gusto Workshop."

You are invited to a Joint Senior Commission Meeting with a special guest presentation from the Vital Aging Network. They will be conducting a two-hour Aging with Gusto Introduction session. The session is a high-level introduction to some of the ideas that the Aging with Gusto program is based upon, such as:

- How we think about aging has an impact on our health and well-being*
- Our perceptions of aging are often set at a young age and operate below our awareness.*
- If we aren't aware, we can be complicit in spreading negative views about aging, intentionally or not.*
- We all have a role to play in igniting more positive views of aging.*

The workshop will be on April 14, 2020 at Waconia City Hall from 1:00 p.m. to 3:30 p.m. If you plan on attending, please let me know. A flyer with more details is included.

Joint Senior Commission Meeting

You are invited to a Joint Senior Commission Meeting with a special guest presentation from the Vital Aging Network. They will be conducting a two-hour Aging with Gusto Introduction session. The session is a high-level introduction to some of the ideas that the Aging with Gusto program is based upon, such as:

- How we think about aging has an impact on our health and well-being
- Our perceptions of aging are often set at a young age and operate below our awareness.
- If we aren't aware, we can be complicit in spreading negative views about aging, intentionally or not.
- We all have a role to play in igniting more positive views of aging.

Time and Date: Tuesday April 14th, 2020, 1 to 3:30 p.m.

Location: Waconia City Hall

201 South Vine Street, Waconia

RSVP to dplumer@co.carver.mn.us or 952-361-1303 by April 1st

The Vitality Aging Network responds to the opportunities and challenges of the aging population by promoting self-determination, civic engagement and personal growth for people as they age.

Carver County Public Health
600 Fourth Street East
Chaska, MN 55318-2102



Phone (952) 361-1329
Fax (952) 361-1360
public-health@co.carver.mn.us
www.co.carver.mn.us

Healthy Carver for a Lifetime

COMMISSON ON AGING



Meeting Date: February 6, 2020

Item Name: 2020 Commission on Aging Priorities

Originating Department: Administration

Presented by: Jackie Schwerm

RECOMMENDATIONS/ACTION/MOTION REQUESTED (Include motion in proper format.)

EXPLANATION OF AGENDA ITEM (Include a description of background, benefits, and recommendations.)

At their November 2019 meeting the Commission on Aging briefly talked about 2020 priorities and established that it should be discussed further at their next meeting. Please come prepared with thoughts and suggestions for 2020 priorities and anything the Commission would like to focus on.

This discussion can be followed up in more detail at each meeting in 2020. For example, following the Aging with Gusto workshop, Commission members may learn some things that they want to better focus on. Additionally, I will be attending a day-long training at the end of April specifically focused on “Age Friendly Communities” and can bring details back to the group following that training.

COMMISSON ON AGING



Meeting Date: February 6, 2020

Item Name: Set Next Meeting Date

Originating Department: Administration

Presented by: Jackie Schwerm

RECOMMENDATIONS/ACTION/MOTION REQUESTED (Include motion in proper format.)

EXPLANATION OF AGENDA ITEM (Include a description of background, benefits, and recommendations.)

The Commission on Aging has typically been meeting on an every-other month basis for the past year. I would recommend that the next meeting be held following the Aging with Gusto Workshop so discussion can be had on the workshop itself and if any additional action should be taken following the workshop. Potential meeting dates include:

- Tuesday, April 21
- Thursday, April 23
- Monday, April 27
- Tuesday, April 28

Please bring your calendars so we can schedule a time that works for the entire group.